

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use ZEGERID® safely and effectively. See full prescribing information for ZEGERID.

ZEGERID (omeprazole/sodium bicarbonate) powder for oral suspension**ZEGERID (omeprazole/sodium bicarbonate) capsules for oral use**

Initial U.S. Approval: 2004

-----RECENT MAJOR CHANGES-----

Warnings and Precautions, Atrophic Gastritis (5.2) 10/2016
Warnings and Precautions, Cutaneous and Systemic Lupus Erythematosus (5.6) 10/2016

-----INDICATIONS AND USAGE-----

ZEGERID is a proton pump inhibitor (PPI) indicated for:

- Short-term treatment of active duodenal ulcer (1.1)
- Short-term treatment of active benign gastric ulcer (1.2)
- Treatment of gastroesophageal reflux disease (GERD) (1.3)
- Maintenance of healing of erosive esophagitis (1.4)
- Reduction of risk of upper GI bleeding in critically ill patients (1.5)

The safety and effectiveness of ZEGERID in pediatric patients (<18 years of age) have not been established. (8.4)

-----DOSAGE AND ADMINISTRATION-----

- Short-Term Treatment of Active Duodenal Ulcer: 20 mg once daily for 4 weeks (some patients may require an additional 4 weeks of therapy (14.1)) (2)
- Gastric Ulcer: 40 mg once daily for 4-8 weeks (2)
- Gastroesophageal Reflux Disease (GERD) (2)
 - Symptomatic GERD (with no esophageal erosions): 20 mg once daily for up to 4 weeks
 - Erosive Esophagitis: 20 mg once daily for 4-8 weeks
- Maintenance of Healing of Erosive Esophagitis: 20 mg once daily* (2)
- Reduction of Risk of Upper Gastrointestinal Bleeding in Critically Ill Patients: (40 mg oral suspension only) 40 mg initially followed by 40 mg 6-8 hours later and 40 mg daily thereafter for 14 days (2)

*studied for 12 months

-----DOSAGE FORMS AND STRENGTHS-----

- ZEGERID is available as a capsule and as a powder for oral suspension in 20 mg and 40 mg strengths. (3)

-----CONTRAINDICATIONS-----

- Known hypersensitivity to any components of the formulation (4)

-----WARNINGS AND PRECAUTIONS-----

- Gastric Malignancy: In adults, symptomatic response does not preclude the presence of gastric malignancy. Consider additional follow-up and diagnostic testing. (5.1)
- Acute interstitial nephritis has been observed in patients taking PPIs. (5.2)
- Buffer Content: contains sodium bicarbonate (5.3)

FULL PRESCRIBING INFORMATION: CONTENTS***1 INDICATIONS AND USAGE**

- 1.1 Duodenal Ulcer
- 1.2 Gastric Ulcer
- 1.3 Treatment of Gastroesophageal Reflux Disease (GERD)
- 1.4 Maintenance of Healing of Erosive Esophagitis
- 1.5 Reduction of Risk of Upper Gastrointestinal Bleeding in Critically Ill Patients (40 mg Oral Suspension Only)

2 DOSAGE AND ADMINISTRATION**3 DOSAGE FORMS AND STRENGTHS****4 CONTRAINDICATIONS****5 WARNINGS AND PRECAUTIONS**

- 5.1 Presence of Gastric Malignancy
- 5.2 Acute Interstitial Nephritis
- 5.3 Buffer Content
- 5.4 *Clostridium difficile*-Associated Diarrhea
- 5.5 Bone Fracture
- 5.6 Cutaneous and Systemic Lupus Erythematosus
- 5.7 Interaction with Clopidogrel
- 5.8 Cyanocobalamin (Vitamin B-12) Deficiency
- 5.9 Hypomagnesemia
- 5.10 Concomitant Use of ZEGERID with St. John's Wort or Rifampin
- 5.11 Interactions with Investigations for Neuroendocrine Tumors
- 5.12 Concomitant Use of ZEGERID with Methotrexate

6 ADVERSE REACTIONS

- 6.1 Clinical Trials Experience
- 6.2 Postmarketing Experience

7 DRUG INTERACTIONS

- 7.1 Drugs for Which Gastric pH Can Affect Bioavailability
- 7.2 Drugs Metabolized by Cytochrome P450 (CYP)
- 7.3 Antiretroviral Agents
- 7.4 Combination Therapy with Clarithromycin
- 7.5 Clopidogrel

FULL PRESCRIBING INFORMATION**1 INDICATIONS AND USAGE****1.1 Duodenal Ulcer**

ZEGERID (omeprazole/sodium bicarbonate) is indicated for short-term treatment of active duodenal ulcer. Most patients heal within four weeks. Some patients may require an additional four weeks of therapy. *[See Clinical Studies (14.1).]*

1.2 Gastric Ulcer

ZEGERID is indicated for short-term treatment (4-8 weeks) of active benign gastric ulcer. *[See Clinical Studies (14.2).]*

1.3 Treatment of Gastroesophageal Reflux Disease (GERD)**Symptomatic GERD**

ZEGERID is indicated for the treatment of heartburn and other symptoms associated with GERD for up to 4 weeks. *[See Clinical Studies (14.3).]*

Erosive Esophagitis

ZEGERID is indicated for the short-term treatment (4-8 weeks) of erosive esophagitis which has been diagnosed by endoscopy.

The efficacy of ZEGERID used for longer than 8 weeks in these patients has not been established. If a patient does not respond to 8 weeks of treatment, it may be helpful to give up to an additional 4 weeks of treatment. If there is recurrence of erosive esophagitis or GERD symptoms (e.g., heartburn), an additional 4-8 week courses of ZEGERID may be considered. *[See Clinical Studies (14.3).]*

1.4 Maintenance of Healing of Erosive Esophagitis

ZEGERID is indicated to maintain healing of erosive esophagitis. Controlled studies do not extend beyond 12 months. *[See Clinical Studies (14.4).]*

1.5 Reduction of Risk of Upper Gastrointestinal Bleeding in Critically Ill Patients (40 mg Oral Suspension Only)

ZEGERID Powder for Oral Suspension 40 mg/1680 mg is indicated for the reduction of risk of upper GI bleeding in critically ill patients. *[See Clinical Studies (14.5).]*

2 DOSAGE AND ADMINISTRATION

ZEGERID (omeprazole/sodium bicarbonate) is available as a capsule and as a powder for oral suspension in 20 mg and 40 mg strengths of omeprazole for adult use. Directions for use for each indication are summarized in **Table 1**. All recommended doses throughout the labeling are based upon omeprazole.

Since both the 20 mg and 40 mg **oral suspension** packets contain the same amount of sodium bicarbonate (1680 mg), two packets of 20 mg are **not** equivalent to one packet of ZEGERID 40 mg; therefore, two 20 mg packets of ZEGERID should not be substituted for one packet of ZEGERID 40 mg.

Since both the 20 mg and 40 mg **capsules** contain the same amount of sodium bicarbonate (1100 mg), two capsules of 20 mg are **not** equivalent to one capsule of ZEGERID 40 mg; therefore, two 20 mg capsules of ZEGERID should not be substituted for one capsule of ZEGERID 40 mg.

ZEGERID should be taken on an empty stomach at least one hour before a meal.

For patients receiving continuous Nasogastric (NG)/Orogastric (OG) tube feeding, enteral feeding should be suspended approximately 3 hours before and 1 hour after administration of ZEGERID Powder for Oral Suspension.

Indication	Recommended Dose	Frequency
Short-Term Treatment of Active Duodenal Ulcer	20 mg	Once daily for 4 weeks ^{1,2}
Benign Gastric Ulcer	40 mg	Once daily for 4-8 weeks ^{2,3}
Gastroesophageal Reflux Disease (GERD)		
Symptomatic GERD (with no esophageal erosions)	20 mg	Once daily for up to 4 weeks ²
Erosive Esophagitis	20 mg	Once daily for 4-8 weeks ²
Maintenance of Healing of Erosive Esophagitis	20 mg	Once daily ³
Reduction of Risk of Upper Gastrointestinal Bleeding in Critically Ill Patients	40 mg	40 mg initially followed by 40 mg 6-8 hours later and 40 mg daily thereafter for 14 days ²

¹ Most patients heal within 4 weeks. Some patients may require an additional 4 weeks of therapy. *[See Clinical Studies (14.1).]*

² For additional information, *[see Indications and Usage (1)].*

³ Controlled studies do not extend beyond 12 months. *[See Clinical Studies (14.4).]*

Special Populations**Hepatic Insufficiency**

Consider dose reduction, particularly for maintenance of healing of erosive esophagitis. *[See Clinical Pharmacology (12.3).]*

Administration of Capsules

ZEGERID Capsules should be swallowed intact with water. DO NOT USE OTHER LIQUIDS. DO NOT OPEN CAPSULE AND SPRINKLE CONTENTS INTO FOOD.

Preparation and Administration of Suspension

Directions for use: Empty packet contents into a small cup containing 1-2 tablespoons of water. DO NOT USE OTHER LIQUIDS OR FOODS. Stir well and drink immediately. Refill cup with water and drink.

If ZEGERID is to be administered through a nasogastric (NG) or orogastric (OG) tube, the suspension should be constituted with approximately 20 mL of water. DO NOT USE OTHER LIQUIDS OR FOODS. Stir well and administer immediately. An appropriately-sized syringe should be used to instill the suspension in the tube. The suspension should be washed through the tube with 20 mL of water.

3 DOSAGE FORMS AND STRENGTHS

ZEGERID 20 mg Capsules: Each opaque, hard gelatin, white capsule, imprinted with the Santarus logo and "20", contains 20 mg omeprazole and 1100 mg sodium bicarbonate.

ZEGERID 40 mg Capsules: Each opaque, hard gelatin, colored dark blue and white capsule, imprinted with the Santarus logo and "40", contains 40 mg omeprazole and 1100 mg sodium bicarbonate.

ZEGERID Powder for Oral Suspension is a white, flavored powder packaged in unit-dose packets. Each packet contains either 20 mg or 40 mg omeprazole and 1680 mg sodium bicarbonate.

4 CONTRAINDICATIONS

ZEGERID is contraindicated in patients with known hypersensitivity to any components of the formulation. Hypersensitivity reactions may include anaphylaxis, anaphylactic shock, angioedema, bronchospasm, acute interstitial nephritis, and urticaria. *[See Adverse Reactions (6).]*

5 WARNINGS AND PRECAUTIONS**5.1 Presence of Gastric Malignancy**

In adults, symptomatic response to therapy with ZEGERID does not preclude the presence of gastric malignancy. Consider additional follow-up and diagnostic testing in adult patients who have a suboptimal response or an early symptomatic relapse after completing treatment with a PPI. In older patients, also consider an endoscopy.

5.2 Acute Interstitial Nephritis

Acute interstitial nephritis has been observed in patients taking PPIs including ZEGERID. Acute interstitial nephritis may occur at any point during PPI therapy and is generally attributed to an idiosyncratic hypersensitivity reaction. Discontinue ZEGERID if acute interstitial nephritis develops. *[See Contraindications (4).]*

5.3 Buffer Content

Each ZEGERID Capsule contains 1100 mg (13 mEq) of sodium bicarbonate. The total content of sodium in each capsule is 304 mg.

Each packet of ZEGERID Powder for Oral Suspension contains 1680 mg (20 mEq) of sodium bicarbonate (equivalent to 460 mg of Na+).

The sodium content of ZEGERID products should be taken into consideration when administering to patients on a sodium restricted diet.

Because ZEGERID products contain sodium bicarbonate, they should be used with caution in patients with Bartter's syndrome, hypokalemia, hypocalcemia, and problems with acid-base balance. Long-term administration of bicarbonate with calcium or milk can cause milk-alkali syndrome.

Chronic use of sodium bicarbonate may lead to systemic alkalosis, and increased sodium intake can produce edema and weight increase.

5.4 *Clostridium difficile*-Associated Diarrhea

Published observational studies suggest that PPI therapy like ZEGERID may be associated with an increased risk of *Clostridium difficile*-associated diarrhea, especially in hospitalized patients. This diagnosis should be considered for

• PPI therapy may be associated with increased risk of *Clostridium difficile*-associated diarrhea. (5.4)

• Bone Fracture: Long-term and multiple daily dose PPI therapy may be associated with an increased risk for osteoporosis-related fractures of the hip, wrist, or spine. (5.5)

• Cutaneous and Systemic Lupus Erythematosus: Mostly cutaneous; new onset or exacerbation of existing disease; discontinue ZEGERID and refer to specialist for evaluation. (5.6)

• Avoid concomitant use of ZEGERID with clopidogrel. (7.5)

• Cyanocobalamin (Vitamin B-12) Deficiency: Daily long-term use (e.g., longer than 3 years) may lead to malabsorption or a deficiency of cyanocobalamin. (5.8)

• Hypomagnesemia has been reported rarely with prolonged treatment with PPIs. (5.9)

• Avoid concomitant use of ZEGERID with St. John's wort or rifampin due to the potential reduction in omeprazole concentrations. (5.10, 12)

• Interactions with Diagnostic Investigations for Neuroendocrine Tumors: Increases in intragastric pH may result in hypergastrinemia and enterochromaffin-like cell hyperplasia and increased Chromogranin A levels which may interfere with diagnostic investigations for neuroendocrine tumors. (5.11, 12.2)

-----ADVERSE REACTIONS-----

Most common adverse reactions (incidence ≥2%) are: Headache, abdominal pain, nausea, diarrhea, vomiting, and flatulence. (6)

To report SUSPECTED ADVERSE REACTIONS, contact Valeant Pharmaceuticals North America LLC at 1-800-321-4576 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

-----DRUG INTERACTIONS-----

• May interfere with drugs for which gastric pH can affect bioavailability (e.g., ketoconazole, ampicillin esters, iron salts, erlotinib, digoxin, and mycophenolate mofetil. (7.1)

• Drugs Metabolized by Cytochrome P450 (e.g., diazepam, warfarin, phenytoin, cyclosporine, disulfiram, benzodiazepines): ZEGERID can prolong their elimination. Monitor to determine the need for possible dose adjustments when taken with ZEGERID. (7.2)

• Patients treated with proton pump inhibitors and warfarin concomitantly may need to be monitored for increases in INR and prothrombin time. (7.2)

• Voriconazole: May increase plasma levels of omeprazole. (7.2)

• Sacquinavir: ZEGERID increases plasma levels of saquinavir. (7.3)

• ZEGERID may reduce plasma levels of atazanavir and nelfinavir. (7.3)

• Clopidogrel: ZEGERID decreases exposure to the active metabolite of clopidogrel. (7.5)

• Tacrolimus: ZEGERID may increase serum levels of tacrolimus. (7.6)

• Methotrexate: ZEGERID may increase serum level of methotrexate. (7.8)

-----USE IN SPECIFIC POPULATIONS-----

• Pregnancy: Based upon animal data, may cause fetal harm. (8.1)

• The safety and effectiveness of ZEGERID in pediatric patients less than 18 years of age have not been established. (8.4)

• Hepatic Impairment: Consider dose reduction, particularly for maintenance of healing of erosive esophagitis. (12.3)

See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

7.6	Tacrolimus
7.7	Interactions with Investigations of Neuroendocrine Tumors
7.8	Methotrexate
8 USE IN SPECIFIC POPULATIONS	
8.1	Pregnancy
8.3	Nursing Mothers
8.4	Pediatric Use
8.5	Geriatric Use
8.6	Hepatic Impairment
8.7	Renal Impairment
8.8	Asian Population
10 OVERDOSAGE	
11 DESCRIPTION	
12 CLINICAL PHARMACOLOGY	
12.1	Mechanism of Action
12.2	Pharmacodynamics
12.3	Pharmacokinetics
13 NONCLINICAL TOXICOLOGY	
13.1	Carcinogenesis, Mutagenesis, Impairment of Fertility
13.2	Animal Toxicology and/or Pharmacology
14 CLINICAL STUDIES	
14.1	Duodenal Ulcer Disease
14.2	Gastric Ulcer
14.3	Gastroesophageal Reflux Disease (GERD)
14.4	Long-Term Maintenance Treatment of Erosive Esophagitis
14.5	Reduction of Risk of Upper Gastrointestinal Bleeding in Critically Ill Patients
15 REFERENCES	
16 HOW SUPPLIED/STORAGE AND HANDLING	
17 PATIENT COUNSELING INFORMATION	

*Sections or subsections omitted from the full prescribing information are not listed.

diarrhea that does not improve. *[See Adverse Reactions (6.2).]*

Patients should use the lowest dose and shortest duration of PPI therapy appropriate to the condition being treated.

5.1 Bone Fracture
Several published observational studies suggest that proton pump inhibitor (PPI) therapy may be associated with an increased risk of osteoporosis-related fractures of the hip, wrist, or spine. The risk of fracture was increased in patients who received high-dose, defined as multiple daily doses, and long-term PPI therapy (a year or longer). Patients should use the lowest dose and shortest duration of PPI therapy appropriate to the condition being treated. Patients at risk for osteoporosis-related fractures should be managed according to the established treatment guidelines. *[See Dosage and Administration (2) and Warnings and Precautions (6.2).]*

5.6 Cutaneous and Systemic Lupus Erythematosus
Cutaneous lupus erythematosus (CLE) and systemic lupus erythematosus (SLE) have been reported in patients taking PPIs, including omeprazole. These events have occurred as both new onset and an exacerbation of existing autoimmune disease. The majority of PPI-induced lupus erythematosus cases were CLE.

The most common form of CLE reported in patients treated with PPIs was subacute CLE (SACLE) and occurred within weeks of initiation of therapy with PPIs. The safety and effectiveness of ZEGERID in pediatric patients less than 18 years of age have not been established. In general, histological findings were observed without organ involvement.

Systemic lupus erythematosus (SLE) is less commonly reported than CLE in patients receiving PPIs. PPI associated SLE is usually milder than non-drug induced SLE. Onset of SLE typically occurred within days to years after initiating treatment with PPIs ranging from young adults to the elderly. The majority of patients presented with rash; however, arthralgia and cytopenia were also reported.

Avoid administration of PPIs for longer than medically indicated. If signs or symptoms consistent with CLE or SLE are noted in patients receiving ZEGERID, discontinue the drug and refer the patient to the appropriate specialist for evaluation. Most patients improve with discontinuation of the drug alone in 4 to 12 weeks. Serological testing (e.g., ANA) may be positive and elevated sedimentation test results may take longer to resolve than clinical manifestations.

5.7 Interaction with Clopidogrel
Avoid concomitant use of ZEGERID with clopidogrel. Clopidogrel is a prodrug. Inhibition of platelet aggregation by clopidogrel is entirely due to an active metabolite. The metabolism of clopidogrel to its active metabolite can be impaired by use with concomitant medications, such as omeprazole, that interfere with CYP2C19 activity. Concomitant use of clopidogrel with 80 mg omeprazole reduces the pharmacological activity of clopidogrel, even when administered 12 hours apart. When using ZEGERID, consider alternative antiplatelet therapy. *[See Drug Interactions (7.5) and Clinical Pharmacology (12.3).]*

5.8 Cyanocobalamin (Vitamin B-12) Deficiency
Daily treatment with any acid-suppressing medications over a long period of time (e.g., longer than 3 years) may lead to malabsorption of cyanocobalamin (vitamin B-12) caused by hypo- or achlorhydria. Rare reports of cyanocobalamin deficiency occurring with acid-suppressing therapy have been reported in the literature. This diagnosis should be considered if clinical symptoms consistent with cyanocobalamin deficiency are observed.

5.9 Hypomagnesemia
Hypomagnesemia, symptomatic and asymptomatic, has been reported rarely in patients treated with PPIs for at least three months, in most cases after a year of therapy. Serious adverse events include tetany, arrhythmias, and seizures. In most patients, treatment of hypomagnesemia required magnesium replacement and discontinuation of the PPI.

For patients expected to be on prolonged treatment or who take PPIs with medications such as digoxin or drugs that may cause hypomagnesemia (e.g., diuretics), healthcare professionals may consider monitoring magnesium levels prior to initiation of PPI treatment and periodically. *[See Adverse Reactions (6.2).]*

5.10 Concomitant Use of ZEGERID with St. John's Wort or Rifampin
Concomitant administration of ZEGERID with St. John's wort or rifampin can substantially decrease omeprazole concentrations *[see Drug Interactions (7.2)].* Avoid concomitant use of ZEGERID with St. John's wort or rifampin.

5.11 Interactions with Investigations for Neuroendocrine Tumors
Serum chromogranin A (CgA) levels increase secondary to drug-induced decreases in gastric acidity. The increased CgA level may cause false positive results in diagnostic investigations for neuroendocrine tumors. Providers should temporarily stop omeprazole treatment before assessing CgA levels and consider repeating the test if initial CgA levels are high. If serial tests are performed (e.g., for monitoring), the same commercial laboratory should be used for testing, as reference ranges between tests may vary. *[See Clinical Pharmacology (12.2).]*

5.12 Concomitant Use of ZEGERID with Methotrexate
Literature suggests that concomitant use of PPIs with methotrexate (primarily at high dose; see methotrexate prescribing information) may elevate and prolong serum levels of methotrexate and/or its metabolite, possibly leading to methotrexate toxicities. In high-dose methotrexate administration, a temporary withdrawal of the PPI may be considered in some patients. *[See Drug Interactions (7.8).]*

6 ADVERSE REACTIONS
The following serious adverse reactions are described below and elsewhere in labeling:

• Acute Interstitial Nephritis *[see Warnings and Precautions (5.2)]*

• *Clostridium difficile*-Associated Diarrhea *[see Warnings and Precautions (5.4)]*

• Bone Fracture *[see Warnings and Precautions (5.5)]*

• Cutaneous and Systemic Lupus Erythematosus *[see Warnings and Precautions (5.6)]*

• Cyanocobalamin (Vitamin B-12) Deficiency *[see Warnings and Precautions (5.8)]*

• Hypomagnesemia *[see Warnings and Precautions (5.9)]*

6.1 Clinical Trials Experience
Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

In the U.S. clinical trial population of 465 patients, the adverse reactions summarized in **Table 2** were reported to occur in 1% or more of patients on therapy with omeprazole. Numbers in parentheses indicate percentages of the adverse reactions considered by investigators as possibly, probably or definitely related to the drug.

Table 2: Adverse Reactions Occurring in 1% or More of Patients on Omeprazole Therapy

	Omeprazole (n = 465)	Placebo (n = 64)	Ranitidine (n = 195)
Headache	6.9 (2.4)	6.3	7.7 (2.6)
Diarrhea	3.0 (1.9)	3.1 (1.6)	2.1 (0.5)
Abdominal Pain	2.4 (0.4)	3.1	2.1
Nausea	2.2 (0.9)	3.1	4.1 (0.5)
URI	1.9	1.6	2.6
Dizziness	1.5 (0.6)	0.0	2.6 (1.0)
Vomiting	1.5 (0.4)	0.0	4.7 (1.5 (0.5))
Rash	1.5 (1.1)	0.0	0.0
Constipation	1.1 (0.9)	0.0	0.0
Cough	1.1	0.0	1.5
Asthenia	1.1 (0.2)	1.6 (1.6)	1.5 (1.0)
Back Pain	1.1	0.0	0.5

Table 3 summarizes the adverse reactions that occurred in 1% or more of omeprazole-treated patients from international double-blind and open-label clinical trials in which 2,631 patients and subjects received omeprazole.

Table 3: Incidence of Adverse Reactions ≥1% Causal Relationship Not Assessed

	Omeprazole (n = 2631)	Placebo (n = 120)
Body as a Whole, Site Unspecified		
Abdominal Pain	5.2	3.3
Asthenia	1.3	0.8
Digestive System		
Constipation	1.5	0.8
Diarrhea	3.7	2.5
Flatulence	2.7	5.8
Nausea	4.0	6.7

Vomiting	3.2	10.0
Regurgitation	1.9	3.3
Nervous System/Psychiatric		
Headache	2.9	2.5

A controlled clinical trial was conducted in 359 critically ill patients, comparing ZEGERID 40 mg/1680 mg suspension once daily to I.V. cimetidine 1200 mg/day for up to 14 days. The incidence and total number of AEs experienced by ≥3% of patients in either group are presented in **Table 4** by body system and preferred term.

- If you miss a dose of ZEGERID, take it as soon as you remember. If it is almost time for your next dose, do not take the missed dose. Take the next dose at your regular time. Do not take two doses to make up for a missed dose.
- Do not substitute two 20 mg packets for one 40 mg packet of ZEGERID Powder for Oral Suspension because you will receive twice the amount of sodium bicarbonate. Talk to your doctor if you have questions.
- Do not substitute two 20 mg capsules for one 40 mg capsule of ZEGERID because you will receive twice the amount of sodium bicarbonate. Talk to your doctor if you have questions.
- If you take too much ZEGERID, call your doctor or Poison Control Center right away, or go to the nearest hospital emergency room.
- Your doctor may prescribe antibiotic medicines with ZEGERID to help treat a stomach infection and heal stomach-area (duodenal) ulcers that are caused by bacteria called *H. pylori*. Make sure you read the patient information that comes with an antibiotic before you start taking it.
- See the “Instructions for Use” at the end of this Medication Guide for instructions on how to mix and give ZEGERID Powder for Oral Suspension through a nasogastric tube or orogastric tube.

What are the possible side effects of ZEGERID?

ZEGERID may cause serious side effects, including:

- See **“What is the most important information I should know about ZEGERID?”**
- Vitamin B-12 deficiency.** ZEGERID reduces the amount of acid in your stomach. Stomach acid is needed to absorb vitamin B-12 properly. Talk with your doctor about the possibility of vitamin B-12 deficiency if you have been on ZEGERID for a long time (more than 3 years).
- Low magnesium levels in your body.** This problem can be serious. Low magnesium can happen in some people who take a PPI medicine for at least 3 months. If low magnesium levels happen, it is usually after a year of treatment. You may or may not have symptoms of low magnesium.

Tell your doctor right away if you develop any of these symptoms:

- seizures
- muscle weakness
- dizziness
- spasms of the hands and feet
- abnormal or fast heartbeat
- cramps or muscle aches
- jitteriness
- spasm of the voice box
- jerking movements or shaking (tremors)

Your doctor may check the level of magnesium in your body before you start taking ZEGERID, or during treatment, if you will be taking ZEGERID for a long period of time.

The most common side effects with ZEGERID include:

- headache
- diarrhea
- abdominal pain
- vomiting
- nausea
- gas

Other side effects:

- Serious allergic reactions.** Tell your doctor if you get any of the following symptoms with ZEGERID.
 - rash
 - throat tightness
 - difficulty breathing

Your doctor may stop ZEGERID if these symptoms happen.

Using ZEGERID for a long time may cause problems such as swelling and weight gain. Tell your doctor if this happens.

If you are on a low-sodium diet or at risk of developing congestive heart failure (CHF), you and your doctor should decide if you will take ZEGERID.

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of ZEGERID. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store ZEGERID?

- Store ZEGERID at room temperature between 15° to 30°C (59° to 86°F).
- Keep ZEGERID Capsules in a tightly closed container.
- Keep ZEGERID in a dry place and out of light.

Keep ZEGERID and all medicines out of the reach of children.

General information about ZEGERID

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use ZEGERID for any condition for which it was not prescribed by your doctor. Do not give ZEGERID to other people, even if they have the same symptoms as you. It may harm them.

This Medication Guide summarizes the most important information about ZEGERID. If you would like more information, talk to your doctor. You can also ask your doctor or pharmacist for information about ZEGERID that is written for healthcare professionals.

For more information, go to www.Salix.com or 1-800-321-4576.

What are the ingredients in ZEGERID?

Active ingredients: omeprazole and sodium bicarbonate

Inactive ingredients of ZEGERID Powder for Oral Suspension: xylitol, sucrose, sucralose, xanthan gum, and flavorings.

Inactive ingredients of ZEGERID Capsules: croscarmellose sodium and sodium stearyl fumarate.

Instructions for Use

For instructions on taking ZEGERID Capsules and ZEGERID Powder for Oral Suspension by mouth, see **“How should I take ZEGERID?”**

Giving ZEGERID Powder for Oral Suspension through a nasogastric tube (NG tube) or gastric tube:

- Add 20 mL of water to a catheter tipped syringe and then add the contents of a packet as prescribed by your doctor. Use only a catheter tipped syringe to give ZEGERID through an NG tube or orogastric tube.
- Shake the syringe to dissolve the powder.
- Give the medicine through the NG or orogastric tube into the stomach right away.
- Refill the syringe with an equal amount of water.
- Shake and flush any remaining contents from the NG tube or orogastric tube into the stomach.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

ZEGERID® Capsules and Powder for Oral Suspension are

Manufactured for:

Salix Pharmaceuticals, a division of Valeant Pharmaceuticals North America LLC

Bridgewater, NJ 08807 USA

Please see www.salix.com for patent information.

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8 USE SPECIFIC INFORMATION

8.1 Pregnancy

Pregnancy Category C

Risk Summary

There are no adequate and well-controlled studies on the use of ZEGERID in pregnant women. Available epidemiologic data fail to demonstrate an increased risk of major congenital malformations or other adverse pregnancy outcomes with first trimester omeprazole use. Teratogenic studies with administration of oral esomeprazole magnesium in rats and rabbits with doses about 68 times and 42 times, respectively, an oral human dose of 40 mg (based on body surface area and basis for a 60 kg person). However, changes in bone morphology were observed in offspring of rats dosed through most of pregnancy and lactation at doses equal to or greater than approximately 33.6 times an oral human dose of 40 mg (see **Animal Data**). Because of the observed effect at high doses of esomeprazole magnesium on developing bone in rat studies, ZEGERID should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Human Data

Four published epidemiological studies compared the frequency of congenital abnormalities among infants born to women who used omeprazole during pregnancy with the frequency of abnormalities among infants of women exposed to H₂-receptor antagonists or other controls.

A population-based retrospective cohort epidemiological study from the Swedish Medical Birth Registry, covering approximately 99% of pregnancies, from 1995-99, reported on 955 infants (824 exposed during the first trimester with 39 of these exposed beyond first trimester, and 131 exposed after the first trimester) whose mothers used omeprazole during pregnancy. The number of infants exposed *in utero* to omeprazole that had any malformation, low birth weight, low Apgar score, or hospitalization was similar to the number observed in this population. The number of infants born with ventricular septal defects and the number of stillborn infants was slightly higher in the omeprazole-exposed infants than the expected number in this population.

A population-based retrospective cohort study covering all live births in Denmark from 1996-2009, reported on 1,800 live births whose mothers used omeprazole during the first trimester of pregnancy and 837,317 live births whose mothers did not use any proton pump inhibitor. The overall rate of birth defects in infants born to mothers with first trimester exposure to omeprazole was 2.9% and 2.6% in infants born to mothers not exposed to any proton pump inhibitor during the first trimester.

A retrospective cohort study reported on 689 pregnant women exposed to either H₂-blockers or omeprazole in the first trimester (134 exposed to omeprazole) and 1,572 pregnant women unexposed to either during the first trimester. The overall malformation rate in offspring born to mothers with first trimester exposure to omeprazole, an H₂-blocker, or were unexposed was 3.6%, 5.5%, and 4.1%, respectively.

A small prospective observational cohort study followed 113 women exposed to omeprazole during pregnancy (89% first trimester exposures). The reported rate of major congenital malformations was 4% in the omeprazole group, 2% in controls exposed to non-teratogens, and 2.8% in disease-paired controls. Rates of spontaneous and elective abortions, preterm deliveries, gestational age at delivery, and mean birth weight were similar among the groups.

Several studies have reported no apparent adverse short-term effects on the infant when single-dose oral or intravenous omeprazole was administered to over 200 pregnant women as premedication for cesarean section under general anesthesia.

Animal Data

Reproductive studies conducted with omeprazole in rats at oral doses up to 138 mg/kg/day (about 33.6 times an oral human dose of 40 mg on a body surface area basis) and in rabbits at doses up to 69 mg/kg/day (about 33.6 times an oral human dose of 40 mg on a body surface area basis) did not indicate a teratogenic potential of omeprazole. In rabbits, omeprazole in a dose range of 6.9 to 69.1 mg/kg/day (about 3.36 to 33.6 times an oral human dose of 40 mg on a body surface area basis) produced dose-related increases in embryo-lethality, fetal resorptions, and pregnancy disruptions. In rats, dose-related embryofetal toxicity and postnatal developmental toxicity were observed in offspring resulting from parents treated with omeprazole at 13.8 to 138.0 mg/kg/day (about 3.36 to 33.6 times an oral human dose of 40 mg on a body surface area basis).

Reproduction studies have been performed with esomeprazole magnesium in rats at oral doses up to 280 mg/kg/day (about 68 times an oral human dose of 40 mg on a body surface area basis) and in rabbits at oral doses up to 86 mg/kg/day (about 42 times an oral human dose of 40 mg on a body surface area basis) and have revealed no evidence of impaired fertility or harm to the fetus due to esomeprazole magnesium.

A pre- and postnatal developmental toxicity study in rats with additional endpoints to evaluate bone development were performed with the S-enantiomer, esomeprazole magnesium at oral doses of 14 to 280 mg/kg/day (about 3.4 to 68 times an oral human dose of 40 mg of esomeprazole on a body surface area basis). Neonatal/skull postnatal (birth to weaning) survival was decreased at doses equal to or greater than 138 mg/kg/day (about 33.6 times an oral human dose of 40 mg on a body surface area basis). Body weight and body weight gain were reduced and neurobehavioral or general developmental delays in the immediate post-weaning timeframe were evident at doses equal to or greater than 69 mg/kg/day (about 16.8 times an oral human dose of 40 mg on a body surface area basis). In addition, decreased femur length, width and thickness of distal bone, decreased thickness of tibial epiphyseal plate and minimal to mild bone marrow hypocalcemia were noted at doses of esomeprazole magnesium equal to or greater than 14 mg/kg/day (about 3.4 times an oral human dose of 40 mg on a body surface area basis). Physeal dysplasia in the femur was observed in offspring of rats treated with oral doses of esomeprazole magnesium at doses equal to or greater than 138 mg/kg/day (about 33.6 times an oral human dose of 40 mg on a body surface area basis).

Effects on maternal bone were observed in pregnant and lactating rats in a pre- and postnatal toxicity study when esomeprazole magnesium was administered at oral doses of 14 to 280 mg/kg/day (about 3.4 to 68 times an oral human dose of 40 mg on a body surface area basis). When rats were dosed from gestational Day 7 through weaning on postnatal Day 21, a 42% decrease in maternal femur weight of up to 14% (as compared to placebo treatment) was observed at doses of esomeprazole magnesium equal to or greater than 138 mg/kg/day (about 33.6 times an oral human dose of 40 mg on a body surface area basis).

A pre- and postnatal development study in rats with esomeprazole strontium (using equimolar doses compared to esomeprazole magnesium study) produced similar results in dams and pups as described above.

8.3 Nursing Mothers

Omeprazole concentrations have been measured in breast milk of a woman following oral administration of 20 mg. The peak concentration of omeprazole in breast milk was less than 7% of the peak serum concentration. The concentration will correspond to 0.004 mg of omeprazole in 200 mL of milk. Because omeprazole is excreted in human milk, because of the potential for serious adverse reactions in nursing infants from omeprazole, and because of the potential for tumorigenicity shown for omeprazole in rat carcinogenicity studies, a decision should be made to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. In addition, sodium bicarbonate should be used with caution in nursing mothers.

8.4 Pediatric Use

Safety and effectiveness of ZEGERID have not been established in pediatric patients less than 18 years of age.

Juvenile Animal Data

In a juvenile rat toxicity study, esomeprazole was administered with both magnesium and strontium salts at oral doses about 34 to 68 times a daily human dose of 40 mg on a body surface area basis. Increases in death were seen at the high dose, and at all doses of esomeprazole, there were decreases in body weight, body weight gain, femur weight and femur length, and decreases in overall growth. [See *Nonclinical Toxicology* (13.2).]

8.5 Geriatric Use

Omeprazole was administered to over 2000 elderly individuals (>65 years of age) in clinical trials in the U.S. and Europe. There were no differences in safety and effectiveness between the elderly and younger subjects. Other reported clinical experience has not identified differences in response between the elderly and younger subjects, but greater sensitivity of some older individuals cannot be ruled out.

Pharmacokinetic studies with buffered omeprazole have shown the elimination rate was somewhat decreased in the elderly and bioavailability was increased. The plasma clearance of omeprazole was 250 mL/min (about half that of young subjects). The plasma half-life averaged one hour, about twice that in nonelderly, healthy subjects taking ZEGERID. However, no dosage adjustment is necessary in the elderly. [See *Clinical Pharmacology* (12.3).]

8.6 Hepatic Impairment

Pharmacokinetic studies with buffered omeprazole at maintenance of healing of erosive esophagitis. [See *Clinical Pharmacology* (12.3).]

8.7 Renal Impairment

No dose reduction is necessary. [See *Clinical Pharmacology* (12.3).]

8.8 Asian Population

Recommend dose reduction, particularly for maintenance of healing of erosive esophagitis. [See *Clinical Pharmacology* (12.3).]

10 OVERDOSAGE

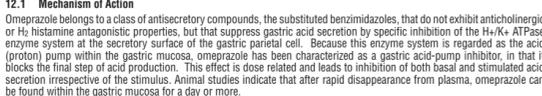
Reports have been received of overdose with omeprazole in humans. Doses ranged up to 2400 mg (120 times the usual recommended clinical dose). Manifestations were variable, but included confusion, drowsiness, blurred vision, tachycardia, nausea, vomiting, diarrhoea, flushing, dry mouth, and other adverse reactions similar to those seen in normal clinical experience [see *Adverse Reactions* (6)]. Symptoms were transient, and no serious clinical outcome has been reported when omeprazole was taken alone. No specific antidote for omeprazole overdose is known. Omeprazole is extensively protein bound and is, therefore, not readily dialyzable. In the event of overdose, treatment should be symptomatic and supportive.

As with the management of any overdose, the possibility of multiple drug ingestion should be considered. For current information on treatment of any drug overdose, a certified Regional Poison Control Center should be contacted. Telephone numbers are listed in the Physicians' Desk Reference (PDR) or local telephone book. Symptoms of overdose with omeprazole at 1350, 1339, and 1200 mg/day were lethal to mice, rats, and dogs, respectively. Animals given these doses showed sedation, ptosis, tremors, convulsions, and decreased activity, body temperature, and respiratory rate and increased depth of respiration.

In addition, a sodium bicarbonate overdose may cause hypocalcemia, hypokalemia, hypernatremia, and seizures.

11 DESCRIPTION

ZEGERID® (omeprazole/sodium bicarbonate) is a combination of omeprazole, a proton-pump inhibitor, and sodium bicarbonate, an antacid. Omeprazole is a substituted benzimidazole, 5-methoxy-2-[[[4-methoxy-3,5-dimethyl-2-pyridinyl)methyl]sulfinyl]-1H-benzimidazole, a racemic mixture of two enantiomers that inhibits gastric acid secretion. Its empirical formula is C₁₇H₁₉N₃O₅S, with a molecular weight of 345.42. The structural formula is:



Omeprazole is a white to off-white crystalline powder which melts with decomposition at about 155°C. It is a weak base, freely soluble in ethanol and methanol, slightly soluble in acetone and isopropanol and very slightly soluble in water. The stability of omeprazole is a function of pH; it is rapidly degraded in acid media but has acceptable stability under alkaline conditions.

ZEGERID is supplied as immediate-release capsules and unit-dose packets as powder for oral suspension. Each capsule contains either 40 mg or 20 mg of omeprazole and 1100 mg of sodium bicarbonate with the following excipients: croscarmellose sodium and sodium stearyl fumarate. Packets of powder for oral suspension contain either 40 mg or 20 mg of omeprazole and 1680 mg of sodium bicarbonate with the following excipients: xylitol, sucrose, sucralose, xanthan gum, and flavorings.

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

Omeprazole belongs to a class of antisecretory compounds, the substituted benzimidazoles, that do not exhibit anticholinergic or H₂ histamine antagonistic properties, but that suppress gastric acid secretion by specific inhibition of the H⁺/K⁺ ATPase enzyme system at the secretory surface of the gastric parietal cell. Because this enzyme system is regarded as the acid (proton) pump within the gastric mucosa, omeprazole has been characterized as a gastric acid-pump inhibitor, in that it blocks the final step of acid production. The incidence of dose related and targeted to both basal and stimulated acid secretion irrespective of the stimulus. Animal studies indicate that after rapid disappearance from plasma, omeprazole can be found within the gastric mucosa for a day or more.

Omeprazole is acid labile and thus rapidly degraded by gastric acid. ZEGERID Capsules and Powder for Oral Suspension are immediate-release formulations that contain sodium bicarbonate which raises the gastric pH and thus protects omeprazole from acid degradation.

12.2 Pharmacodynamics

Antisecretory Activity

Results from a PK/PD study of the antisecretory effect of repeated once-daily dosing of 40 mg and 20 mg of ZEGERID Oral Suspension in healthy subjects are shown in **Table 5** below.

Parameter	Omeprazole/Sodium Bicarbonate	
	40 mg/1680 mg (n = 24)	20 mg/1680 mg (n = 28)
% Decrease from Baseline for Integrated Gastric Acidity (nmol/nH/L)	84%	84%
Coefficient of Variation	20%	24%
% Time Gastric pH > 4 ¹ (Hours) ¹	77% (18.6 h)	51% (12.2 h)
Coefficient of Variation	2%	43%
Median pH	5.7	4.2
Coefficient of Variation	17%	37%
Note: Values represent medians. All parameters were measured over a 24-hour period.		
¹ P < 0.05 20 mg vs. 40 mg		

Results from a separate PK/PD study of antisecretory effect on repeated once-daily dosing of 40 mg/1100 mg and 20 mg/1100 mg of ZEGERID Capsules in healthy subjects show similar effects in general to the above three PK parameters as those for ZEGERID 40 mg/1680 mg and 20 mg/1680 mg Oral Suspension, respectively.

The antisecretory effect lasts longer than would be expected from the very short (1 to 1-hour) plasma half-life, apparently due to irreversible binding to the parietal H⁺/K⁺ ATPase enzyme.

Enterochromaffin-like (ECL) Cell Effects

In 24-month carcinogenicity studies in rats, a dose-related significant increase in gastric carcinoid tumors and ECL cell hyperplasia was observed in both male and female animals [see *Nonclinical Toxicology* (13.1)]. Carcinoid tumors have also been observed in rats subjected to fundectomy or long-term treatment with other proton pump inhibitors or high doses of H₂-receptor antagonists. Human gastric biopsy specimens have been obtained from more than 3000 patients treated with omeprazole in long-term clinical trials. The incidence of ECL cell hyperplasia in these studies increased with time; however, no case of ECL cell carcinoids, dysplasia, or neoplasia has been found in these patients. These studies are of insufficient

duration and size to rule out the possible influence of long-term administration of omeprazole on the development of any premalignant or malignant conditions.

Serum Gastrin Effects

In studies involving more than 200 patients, serum gastrin levels increased during the first 1 to 2 weeks of once-daily administration of therapeutic doses of omeprazole in parallel with inhibition of acid secretion. No further increase in serum gastrin occurred with continued treatment. In comparison with histamine H₂-receptor antagonists, the median increases produced by 20 mg doses of omeprazole were higher (1.3 to 3.6-fold vs. 1.1- to 1.8-fold increase). Gastrin values returned to pretreatment levels, usually within 1 to 2 weeks after discontinuation of therapy.

Increased gastrin values cause enterochromaffin-like cell hyperplasia and increased serum Chromogranin A (CgA) levels. The duration of treatment and findings suggest false positive results in diagnostic investigations for neuroendocrine tumors.

Other Effects

Systemic effects of omeprazole in the CNS, cardiovascular and respiratory systems have not been found to date. Omeprazole, given in oral doses of 30 or 40 mg for 2 to 24 weeks, had no effect on thyroid function, carbohydrate metabolism, or circulating levels of parathyroid hormone, cortisol, estradiol, progesterone, prolactin, cholestanololium or serotonin. No effect on gastric emptying of the solid and liquid components of a test meal was demonstrated after a single dose of omeprazole 90 mg. In healthy subjects, a single I.V. dose of omeprazole (0.35 mg/kg) had no effect on intrinsic factor secretion. No systematic dose-dependent effect has been observed on basal or stimulated pepsin output in humans.

However, when intragastric pH is maintained at 4.0 or above, basal pepsin output is low, and pepsin activity is decreased. After oral omeprazole administration, intragastric pH, omeprazole administered for 14 days in healthy volunteers produced a significant increase in the intragastric concentrations of viable bacteria. The pattern of the bacterial species was unchanged from that commonly found in saliva. All changes resolved within three days of stopping treatment.

The course of Barrett's esophagus in 106 patients was evaluated in a U.S. double-blind controlled study of omeprazole 40 mg for 12 months followed by 20 mg b.i.d. for 12 months or ranitidine 300 mg b.i.d. for 24 months. There was no significant impact on Barrett's mucosa by antisecretory therapy was observed. Although neosquamous epithelium developed during antisecretory therapy, complete elimination of Barrett's mucosa was not achieved. No significant difference was observed between treatment groups in development of dysplasia in Barrett's mucosa, and no patient developed esophageal carcinoma during treatment. No significant difference was observed between treatment groups in development of ECL cell hyperplasia, corpus gastritis gastritidis, corpus intestinal metaplasia, or colon polyps exceeding 3 mm in diameter.

12.3 Pharmacokinetics

Absorption

In separate *in vivo* bioavailability studies, when ZEGERID Oral Suspension and Capsules are administered on an empty stomach 1 hour prior to a meal, the absorption of omeprazole is rapid, with mean peak plasma levels (% CV) of omeprazole being 1954 (45%) and 1526 ng/mL (45%), respectively, at the time to peak of approximately 30 minutes (range 10-90 min) after a single-dose or repeated-dose administration. Absolute bioavailability of ZEGERID Powder for Oral Suspension (compared to I.V. administration) is about 30-40% at doses of 20 to 40 mg, due in large part to presystemic metabolism.

When ZEGERID Oral Suspension 40 mg/1680 mg was administered in a two-dose loading regimen, the omeprazole AUC (0-12 h) (nmL) was 1865 after dose 1 and 5356 after Dose 2, while T_{max} was approximately 30 minutes for both Dose 1 and Dose 2.

Following single or repeated once-daily dosing, peak plasma concentrations of omeprazole from ZEGERID are approximately proportional from 20 to 40 mg doses, but a greater than linear mean AUC (three-fold increase) is observed when doubling the dose to 40 mg. The bioavailability of omeprazole from ZEGERID increases upon repeated administration. When ZEGERID is administered 1 hour after a meal, the omeprazole AUC is reduced by approximately 24% relative to administration 1 hour prior to a meal.

Distribution

Omeprazole is bound to plasma proteins. Protein binding is approximately 95%.

Metabolism

Following single-dose oral administration of omeprazole, the majority of the dose (about 77%) is eliminated in urine as at least six metabolites. Two metabolites have been identified as hydroxyomeprazole and the corresponding carboxylic acid. The remainder of the dose was recoverable in feces. This implies a significant biliary excretion of the metabolites of omeprazole. Three metabolites have been identified in plasma – the sulfide and sulfone derivatives of omeprazole, and hydroxyomeprazole. These metabolites have very little or no antisecretory activity.

Excretion

Following single-dose oral administration of omeprazole, little, if any, unchanged drug is excreted in urine. The mean plasma omeprazole half-life in healthy subjects is approximately 1 hour (range 0.4 to 3.2 hours), and the total body clearance is 500-500 mL/min.

Concomitant Use with Clopidogrel

In a crossover clinical study, 72 healthy subjects were administered clopidogrel (300 mg loading dose followed by 75 mg per day) alone and with omeprazole (80 mg at the same time as clopidogrel) for 5 days. The exposure to the active metabolite of clopidogrel was decreased by 46% (Day 1) and 42% (Day 5) when clopidogrel and omeprazole were administered together. Results from another crossover study in healthy subjects showed a similar pharmacokinetic interaction between clopidogrel (90 mg b.i.d.) and omeprazole (40 mg daily maintenance dose) and omeprazole 80 mg daily when coadministered for 30 days. Exposure to the active metabolite of clopidogrel was reduced by 41% to 46% over this time period. In another study, 72 healthy subjects were given the same doses of clopidogrel and 80 mg omeprazole, but the drugs were administered 12 hours apart; the results were similar, indicating that administering clopidogrel and omeprazole at different times does not affect their pharmacokinetics.

Concomitant Use with Mycophenolate Mofetil

Administration of omeprazole 20 mg twice daily for 4 days and a single 1000 mg dose of MMF approximately one hour after the last dose of omeprazole to 12 healthy subjects in a crossover study resulted in a 52% reduction in the C_{max} and 23% reduction in the AUC of MPA.

Special Populations

Geriatric

The elimination rate of omeprazole was somewhat decreased in the elderly, and bioavailability was increased. Omeprazole was 76% bioavailable when a single 40 mg oral dose of omeprazole (buffered solution) was administered to healthy elderly patients in a young subject study. Nearly 70% of the dose was recovered in urine as metabolites. The bioavailability of omeprazole, and no unchanged drug was detected. The plasma clearance of omeprazole was 250 mL/min (about half that of young subjects), and its plasma half-life averaged one hour, similar to that of young healthy subjects.

Pediatric

The pharmacokinetics of ZEGERID has not been studied in patients <18 years of age.

Gender

There are no known differences in the absorption or excretion of omeprazole between males and females.

Hepatic Insufficiency

In patients with chronic hepatic disease, the bioavailability of omeprazole from a buffered solution increased to approximately 100% compared to an I.V. dose, reflecting decreased first-pass effect, and the mean plasma half-life of the drug increased to 1.5 hours compared to the mean half-life of the same dose. Plasma clearance averaged 70 mL/min compared to a value of 500-60