

- You may sometimes pass a soft mass in your stools (bowel movement) that looks like GLUMETZA tablets. It is normal to see this in your stool.
- When your body is under some type of stress, such as fever, trauma (such as a car accident), infection, or surgery, the amount of diabetes medicine that you need may change. Tell your doctor right away if you have any of these problems.
- Your doctor should do blood tests to check how well your kidneys and liver are working before and during your treatment with GLUMETZA.
- Your healthcare provider will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1c.
- Follow your doctor's instructions for treating blood sugar that is too low (hypoglycemia). Talk to your doctor if low blood sugar is a problem for you. See **“What are the possible side effects of GLUMETZA?”**
- Check your blood sugar regularly and as your doctor tells you to.
- Stay on your prescribed diet and exercise program and test your blood sugar regularly while taking GLUMETZA.
- If you miss a dose of GLUMETZA, resume dosing according to schedule.
- If you take too much GLUMETZA, call your doctor, or go to the nearest hospital emergency room right away.

What are the possible side effects of GLUMETZA?

GLUMETZA can cause serious side effects, including:

- See **“What is the most important information I should know about GLUMETZA?”**
- Low blood sugar (hypoglycemia).** If you take GLUMETZA with another medicine that can cause low blood sugar, such as sulfonylureas or insulin, you have a higher risk of having low blood sugar. Tell your doctor if you take other diabetes medicines. If you have symptoms of low blood sugar, you should check your blood sugar and treat if low, then call your doctor. Symptoms of low blood sugar include:
 - shaking**
 - sweating**
 - rapid heartbeat**
 - change in vision**
 - hunger**
 - headache**
 - change in mood**

Common side effects of GLUMETZA include:

- hypoglycemia
- diarrhea
- nausea
- upset stomach or stomach pain

Taking GLUMETZA with your evening meal can help lessen the common stomach side effects of metformin that usually happen at the beginning of treatment. If you have unexplained stomach problems, tell your doctor. Stomach problems that start later, during treatment may be a sign of something more serious.

Tell your doctor if these symptoms return, as they may be symptoms of lactic acidosis.

Tell your doctor if you have side effects that bother you or that do not go away.

These are not all of the possible side effects of GLUMETZA. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store GLUMETZA?

- Store GLUMETZA at 68° to 77°F (20° to 25°C).

Keep GLUMETZA and all medicines out of the reach of children.

General information about the safe and effective use of GLUMETZA.

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use GLUMETZA for a condition for which it was not prescribed.

Do not give GLUMETZA to other people, even if they have the same symptoms you have. It may harm them.

This Patient Information summarizes the most important information about GLUMETZA. If you would like more information, talk with your doctor. You can ask your pharmacist or doctor for information about GLUMETZA that is written for health professionals.

For more information, go to www.GlumetzaXR.com or call 1-800-508-0024.

What are the ingredients in GLUMETZA?

Active Ingredient: metformin hydrochloride

Inactive Ingredient: 500 mg tablet: coloring, hypromellose, magnesium stearate, microcrystalline cellulose and polyethylene oxide.

1000 mg tablet: colloidal silicon dioxide, polyvinyl alcohol, crospovidone, glyceryl behenate, polyacrylate dispersion, hypromellose, talc, polyethylene glycol, eudragit, titanium dioxide, simethicone emulsion, polysorbate and coloring.

What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

The main goal of treating diabetes is to lower your blood sugar to a normal level.

High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

Talk to your doctor about how to prevent, recognize, and take care of low blood sugar (hypoglycemia), high blood sugar (hyperglycemia), and problems you have because of your diabetes.

Manufactured for:

Salix Pharmaceuticals, a division of Valeant Pharmaceuticals North America LLC Bridgewater, NJ 08807 USA www.GlumetzaXR.com

For prescription only

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12.3 Pharmacokinetics

Absorption

Following a single oral dose of 1000 mg (2x500 mg tablets) GLUMETZA after a meal, the time to reach maximum plasma metformin concentration (T_{max}) is achieved at approximately 7-8 hours. In both single- and multiple-dose studies in healthy subjects, once daily 1000 mg (2x500 mg tablets) dosing provides equivalent systemic exposure, as measured by area-under-the-curve (AUC), and up to 35% higher C_{max} of metformin relative to the immediate release given as 500 mg twice daily. GLUMETZA tablets must be administered immediately after a meal to maximize therapeutic benefit.

Single oral doses of GLUMETZA from 500 mg to 2500 mg resulted in less than proportional increase in both AUC and C_{max}. Low-fat and high-fat meals increased the systemic exposure (as measured by AUC) from GLUMETZA tablets by about 38% and 73%, respectively, relative to fasting. Both meals prolonged metformin T_{max} by approximately 3 hours but C_{max} was not affected.

In a two-way, single-dose crossover study in healthy volunteers, the 1000 mg tablet was found to be bioequivalent to two 500 mg tablets under fed conditions based on equivalent C_{max} and AUCs for the two formulations.

Distribution

The apparent volume of distribution (V/F) of metformin following single oral doses of 850 mg immediate-release metformin hydrochloride averaged 654±358 L. Metformin is negligibly bound to plasma proteins. Metformin partitions into erythrocytes, most likely as a function of time. At usual clinical doses and dosing schedules of metformin, steady state plasma concentrations of metformin are reached within 24-48 hours and are generally <1 mcg/mL. During controlled clinical trials, which served as the basis of approval for metformin, maximum metformin plasma levels did not exceed 5 mcg/mL, even at maximum doses.

Metabolism

Intravenous single-dose studies in healthy subjects demonstrate that metformin is excreted unchanged in the urine and does not undergo hepatic metabolism (no metabolites have been identified in humans), nor biliary excretion. Metabolism studies with extended-release metformin tablets have not been conducted.

Excretion

Renal clearance is approximately 3.5 times greater than creatinine clearance, which indicates that tubular secretion is the major route of metformin elimination. Following oral administration, approximately 90% of the absorbed drug is eliminated via the renal route within the first 24 hours, with a plasma elimination half-life of approximately 6.2 hours. In blood, the elimination half-life is approximately 17.6 hours, suggesting that the erythrocyte mass may be a compartment of distribution.

Special Populations

Renal Impairment: Following a single-dose administration of GLUMETZA 500 mg in subjects with mild and moderate renal impairment, the oral and renal clearance of metformin were decreased by 33% and 50% and 16% and 53%, respectively. Metformin peak and systemic exposure was 27% and 61% greater, respectively in subjects with mild renal impairment and 74% and 2.36-fold greater in subjects with moderate renal impairment as compared to healthy subjects. [See *Dosage and Administration (2.2)*, *Contraindications (4)*, and *Warnings and Precautions (5.1)*.]

Hepatic Impairment: No pharmacokinetic studies of GLUMETZA have been conducted in subjects with hepatic impairment. [See *Warnings and Precautions (5.1)*.]

Geriatrics: Limited data from controlled pharmacokinetic studies of metformin hydrochloride in healthy elderly subjects suggest that total plasma clearance of metformin is decreased by 35%, the half-life is prolonged by 64% and C_{max} is increased by 76%, compared to healthy young subjects. From these data, it appears that the change in metformin pharmacokinetics with aging is primarily accounted for by a change in renal function. [See *Warnings and Precautions (5.1)* and *Dosage and Administration (2)*.]

Gender: In the pharmacokinetic studies in healthy volunteers, there were no important differences between male and female subjects with respect to metformin AUC and T_{1/2}. However, C_{max} for metformin was 40% higher in female subjects as compared to males. The gender differences for C_{max} are unlikely to be clinically important. Similarly, in controlled clinical studies in patients with type 2 diabetes, the antihyperglycemic effect of metformin hydrochloride tablets was comparable in males and females.

Race: There were no definitive conclusions on the differences between the races with respect to the pharmacokinetics of metformin because of the imbalance in the respective sizes of the racial groups. However, the data suggest a trend towards higher metformin C_{max} and AUC values for metformin are obtained in Asian subjects when compared to Caucasian, Hispanic and Black subjects. The differences between the Asian and Caucasian groups are unlikely to be clinically important. In controlled clinical studies of metformin hydrochloride in patients with type 2 diabetes, the antihyperglycemic effect was comparable in whites (n=249), blacks (n=51) and Hispanics (n=24).

Pediatrics: No pharmacokinetic data from studies of GLUMETZA in pediatric subjects are available.

Drug Interactions: Specific pharmacokinetic drug interaction studies with GLUMETZA have not been performed except for one with glyburide. However, such studies have been performed on metformin.

Table 2: Effect of Coadministered Drug on Plasma Metformin Systemic Exposure

Coadministered Drug	Dose of Coadministered Drug ¹	Dose of Metformin ¹	Geometric Mean Ratio (ratio with/without coadministered drug) No effect=1.00	
			AUC ²	C _{max}
No dosing adjustments required for the following:				
Glyburide	5 mg	500 mg ⁴	0.98 ³	0.99 ³
Furosemide	40 mg	850 mg	1.09 ³	1.22 ³
Nifedipine	10 mg	850 mg	1.16	1.21
Propranolol	40 mg	850 mg	0.90	0.94
Ibuprofen	400 mg	850 mg	1.05 ³	1.07 ³
Drugs that are eliminated by renal tubular secretion may increase the accumulation of metformin: [See <i>Warnings and Precautions (5)</i> and <i>Drug Interactions (7)</i> .]				
Cimetidine	400 mg	850 mg	1.40	1.61
Carbonic anhydrase inhibitors may cause metabolic acidosis: [See <i>Warnings and Precautions (5)</i> and <i>Drug Interactions (7)</i> .]				
Topiramate	100 mg ⁵	500 mg ⁵	1.25 ⁵	1.17

¹ All metformin and coadministered drugs were given as single doses.

² AUC=AUC_{0-∞}

³ Ratio of arithmetic means

⁴ GLUMETZA (metformin hydrochloride extended-release tablets) 500 mg

⁵ At steady state with topiramate 100 mg every 12 hours and metformin 500 mg every 12 hours; AUC=AUC_{0-12h}

Table 3: Effect of Metformin on Coadministered Drug Systemic Exposure

Coadministered Drug	Dose of Coadministered Drug ¹	Dose of Metformin ¹	Geometric Mean Ratio (ratio with/without coadministered drug) No effect=1.00	
			AUC ²	C _{max}
No dosing adjustments required for the following:				
Glyburide	5 mg	500 mg ⁴	0.78 ³	0.63 ³
Furosemide	40 mg	850 mg	0.87 ³	0.69 ³
Nifedipine	10 mg	850 mg	1.10 ⁴	1.08
Propranolol	40 mg	850 mg	1.01 ⁴	0.94
Ibuprofen	400 mg	850 mg	0.97 ⁵	1.01 ⁵
Cimetidine	400 mg	850 mg	0.95 ⁴	1.01

¹ All metformin and coadministered drugs were given as single doses.

² AUC=AUC_{0-∞}

³ Ratio of arithmetic means, p-value of difference <0.05

⁴ AUC_{0-24 hr} reported

⁵ Ratio of arithmetic means

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Long-term carcinogenicity studies have been performed in Sprague Dawley rats at doses of 150, 300, and 450 mg/kg/day in males and 150, 450, 900, and 1200 mg/kg/day in females. These doses are approximately 2, 4, and 8 times in males, and 3, 7, 12, and 16 times in females of the maximum recommended human daily dose of 2000 mg based on body surface area comparisons. No evidence of carcinogenicity with metformin was found in either male or female rats. A carcinogenicity study was also performed in Tg.AC transgenic mice at doses up to 2000 mg applied dermally. No evidence of carcinogenicity was observed in male or female mice.

Genotoxicity assessments in the Ames test, gene mutation test (mouse lymphoma cells), chromosomal aberrations test (human lymphocytes) and in vivo mouse micronucleus tests were negative. Fertility of male or female rats was not affected by metformin when administered at doses up to 600 mg/kg/day, which is approximately 3 times the maximum recommended human daily dose based on body surface area comparisons.

14 CLINICAL STUDIES

GLUMETZA has been studied as monotherapy and in combination with a sulfonylurea and insulin. Other formulations of metformin have been studied with other classes of antihyperglycemic agents, either as immediate- or as extended-release tablets.

Double-Blind, Randomized, Parallel Group Clinical Trial to Compare the Efficacy, Safety, and Tolerability of Metformin ER (M-ER) Tablets and Metformin Immediate-Release (M-IR) Tablets in the Treatment of Type 2 Diabetes Mellitus

In a multicenter, randomized, double-blind, active-controlled, dose-ranging, parallel group trial, GLUMETZA 1500 mg once daily, GLUMETZA 1500 mg per day in divided doses (500 mg in the morning and 1000 mg in the evening), and GLUMETZA 2000 mg once daily were compared to immediate-release metformin 1500 mg per day in divided doses (500 mg in the morning and 1000 mg in the evening). This trial enrolled patients (n=338) who were newly diagnosed with diabetes, patients treated only with diet and exercise, patients treated with a single antidiabetic medication (sulfonylureas, alpha-glucosidase inhibitors, thiazolidinediones, or meglitinides), and patients (n=368) receiving metformin up to 1500 mg/day plus a sulfonylurea at a dose equal to or less than one-half the maximum dose. Patients who were enrolled on monotherapy or combination antidiabetic therapy underwent a 6-week washout. Patients randomized to GLUMETZA began titration from 1000 mg/day up to their assigned treatment dose over 3 weeks. Patients randomized to immediate-release metformin initiated 500 mg twice daily for 1 week followed by 500 mg with breakfast and 1000 mg with dinner for the second week. The 3-week treatment period was followed by an additional 21-week period at the randomized dose. For HbA_{1c} and fasting plasma glucose, each of the GLUMETZA regimens was at least as effective as immediate-release metformin. Additionally, once daily dosing of GLUMETZA was as effective as twice daily dosing of the immediate-release metformin formulation.

Table 4: Mean±SE Changes from Baseline to Final Visit in HbA_{1c}, Fasting Plasma Glucose and Body Weight for the GLUMETZA and Metformin Immediate-Release Treatment Groups (First 24-Week Study)

Parameter	GLUMETZA			Metformin Immediate-Release 1500 mg in Divided Doses (n=174)
	1500 mg Once Daily (n=178)	1500 mg in Divided Doses (n=182)	2000 mg Once Daily (n=172)	
HbA _{1c} (%)				
N	169	175	159	170
Baseline	8.2±0.3	8.5±0.2	8.3±0.2	8.7±0.3
Mean Change±SE at Final Visit	-0.7±0.1	-0.7±0.1	-1.1±0.1	-0.7±0.1
Mean Difference±SE from Metformin IR	0±0.1	0±0.1	-0.4±0.1	N/A
98.4% CI for Difference	(-0.3, 0.3)	(-0.3, 0.3)	(-0.7, -0.1)	
Fasting Plasma Glucose (mg/dL)				
N	175	179	170	172
Baseline	190±10	192.3±10	184±10	197±11
Mean Change±SE at Final Visit	-39±4	-32±4	-42±5	-32±5
Mean Difference±SE from Metformin IR	-6±4	0±4	-10±4	N/A
95% CI for Difference	(-15, 2)	(-8, 9)	(-19, -1)	
Body Weight (kg)				
N	176	180	171	173
Baseline	88.2±3.7	90.5±3.7	87.7±3.7	88.7±3.9
Mean Change±SE at Final Visit	-0.9±0.4	-0.7±0.4	-1.1±0.4	-0.9±0.4
Mean Difference±SE from Metformin IR	-0.1±0.4	0.2±0.4	-0.3±0.4	N/A
95% CI for Difference	(-0.9, 0.7)	(-0.6, 0.9)	(-1.0, 0.5)	

A Double-Blind, Randomized, Parallel-Group Study to Compare the Safety, Efficacy, and Tolerability of Metformin Extended-Release (M-ER) Tablets in Combination with a Sulfonylurea (SU) and SU Alone in the Management of Patients with Type 2 Diabetes Mellitus

In a double-blind, randomized, placebo-controlled (glyburide add-on) multicenter trial, patients with type 2 diabetes mellitus who were newly diagnosed or treated with diet and exercise (n=144), or who were receiving monotherapy with metformin, sulfonylureas, alpha-glucosidase inhibitors, thiazolidinediones, or meglitinides, or treated with combination therapy consisting of metformin/glyburide at doses up to 1000 mg metformin + 10 mg glyburide per day (or equivalent doses of glipizide or glimepiride up to half the maximum therapeutic dose) (n=431) were enrolled. All patients were stabilized on glyburide for a 6-week run-in period, and then randomized to 1 of 4 treatments: placebo + glyburide (glyburide alone); GLUMETZA 1500 mg once a day + glyburide, GLUMETZA 2000 mg once a day + glyburide, or GLUMETZA 1000 mg twice a day + glyburide. A 3-week GLUMETZA titration phase was followed by a 21-week maintenance treatment phase. Use of insulin and oral hypoglycemic agents other than the study drugs were prohibited. The difference in the change from Baseline in HbA_{1c} levels between the combined GLUMETZA + glyburide groups and the glyburide only group was statistically significant at week 24 (p<0.001). The changes in glycemic control across the three GLUMETZA + glyburide groups were comparable.

Table 5: Mean±SE Changes from Baseline to Final Visit in HbA_{1c}, Fasting Plasma Glucose and Body Weight for the GLUMETZA/Glyburide Groups and Placebo/Glyburide Treatment Group (Second 24-Week Study)

Parameter	GLUMETZA + Glyburide*			Placebo/Glyburide* (n=144)
	1500 mg QD (n=144)	1000 mg BID (n=141)	2000 mg QD (n=146)	
HbA _{1c} (%)				
N	136	136	144	141
Baseline	7.9±0.1	7.8±0.1	7.7±0.1	8.1±0.1
Mean Change±SE at Final Visit	-0.7±0.1	-0.8±0.1	-0.7±0.1	-0.1±0.1
Mean Difference±SE from Glyburide Alone	-0.8±0.1	-0.9±0.1	-0.8±0.1	N/A
95% CI for Difference	(-1.0, -0.6)	(-1.1, -0.7)	(-1.0, -0.6)	
p-Value for Pairwise Comparison	<0.001	<0.001	<0.001	
Fasting Plasma Glucose (mg/dL)				
N	143	141	145	144
Baseline	163±5	163±5	159±5	164±5
Mean Change±SE at Final Visit	-14±4	-16±4	-9±4	16±4
Mean Difference±SE from Glyburide Alone	-29.2±4.9	-31.2±40.9	-24.9±4.9	N/A
95% CI for Difference	(-39, -20)	(-41, -22)	(-35, -15)	
p-Value for Pairwise Comparison	<0.001	<0.001	<0.001	
Body Weight (kg)				
N	143	141	146	144
Baseline	89.4±11.2	103.7±11.2	102.9±11.2	95.6±8.0
Mean Change±SE at Final Visit	0.3±1.1	0.1±1.1	0±1.1	0.7±1.0
Mean Difference±SE from Glyburide Alone	-0.4±0.5	-0.6±0.5	-0.7±0.5	N/A
95% CI for Difference	(-1.5, 0.6)	(-1.7, 0.4)	(-1.8, 0.3)	
p-Value for Pairwise Comparison	0.410	0.230	0.156	

*Glyburide was administered as 10 mg at breakfast and 5 mg at dinner.

A 24-week, double-blind, placebo-controlled trial of immediate-release metformin plus insulin versus insulin plus placebo was conducted in patients with type 2 diabetes who failed to achieve adequate glycemic control on insulin alone. Patients randomized to receive metformin plus insulin achieved a mean reduction in HbA_{1c} of 2.10%, compared to a 1.56% reduction in HbA_{1c} achieved by insulin plus placebo. The improvement in glycemic control was achieved at the final study visit with 16% less insulin, 93.0 U/day vs. 110.6 U/day, metformin plus insulin versus insulin plus placebo, respectively, p=0.04.

A second double-blind, placebo-controlled study (n=51), with 16 weeks of randomized treatment, demonstrated that in patients with type 2 diabetes controlled on insulin for 8 weeks with an average HbA_{1c} of 7.46±0.97%, the addition of metformin maintained similar glycemic control (HbA_{1c} 7.15±0.61 versus 6.97±0.62 for metformin plus insulin and placebo plus insulin, respectively) with 19% less insulin versus baseline (reduction of 23.68±30.22 versus an increase of 0.43±25.20 units for metformin plus insulin and placebo plus insulin, p<0.01). In addition, this study demonstrated that the combination of metformin plus insulin resulted in reduction in body weight of 3.11±4.30 lbs, compared to an increase of 1.30±6.08 lbs for placebo plus insulin, p=0.01.

16 HOW SUPPLIED/STORAGE AND HANDLING

GLUMETZA tablets 500 mg are available as blue, film-coated, oval-shaped tablets debossed with “GMZ” on one side and “500” on the other side.

They are supplied as follows:

NDC Code	Strength	Package
68012-002-13	500 mg	Bottles of 100
Store at 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F) [see USP Controlled Room Temperature].		

17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved patient labeling (Patient Information).